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Inhibition of Listeria Monocytogenes and Spoilage Bacteria on Cured Ready-to-Eat Meats by Sodium-Free and Clean-Label Antimicrobial Ingredients

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Objectives

To compare the inhibitory properties of a standard potassium acetate and diacetate blend (Provian K) and a natural fermented and neutralized dry vinegar product (Provian NDV)on the growth of both Listeria monocytogenes and lactic acid bacteria in cured RTE meats.

Materials and Methods

Five treatments of cured deli-style ham (72 to 74% moisture, $1.75 \pm 0.1\%$ salt, and pH 6.2 to 6.4, 156 mg/ kg sodium nitrite and 547 mg/kg sodium erythorbate) where tested, including a control without antimicrobials and different concentrations of Provian K (0.5 and 0.75%) and Provian NDV (0.5%, 0.65%). Cooked products were surface-inoculated with 3-log₁₀ CFU/g of a cocktail of 5 strains of Listeria monocytogenes (including serotypes 4b, 1/2a and 1/2b) or a mixture of 2 lactic acid bacteria (LAB) strains including Carnobacterium divergens and Leuconostoc mesenteroides, both isolated from spoiled cooked meat products. Inoculated slices (100 g/package) were vacuum-packaged and stored at different temperatures for up to 4 and 8 wk, for LAB and L. monocytogenes, respectively. Triplicate samples per treatment were assayed by enumerating twice on modified Oxford Agar for L. monocytogenes and on Plate Count agar (30°C, 48 h) and APT agar with bromocresol purple (27°C, 48 h) for LAB. The study was conducted twice.

Results

Results on Listeria inhibition

Control Ham supported $> 1 \log$ increase of L. monocytogenes at 4 and 2 wk storage at 4°C and 7°C, respectively (Fig. 1). In contrast, hams supplemented with 0.5 or 0.75% Provian K or 0.65% NDV inhibited the *Listeria* growth for 12 and 8 wk at 4 and 7°C, respectively. Inhibition of Listeria on ham supplemented with 0.5% NDV was further affected by pH and moisture. Ham supplemented with 0.5% Provian NDV in the trial 1 (71.5% moisture, pH 6.2) delayed Listeria for 12 wk storage at 4°C, whereas individual samples of trial 1 (72.9% moisture, pH 6.3) supported growth (> 1 log increase) at 8 wk. Similar trends were observed at 7°C.

Results on Lactic Acid Bacteria inhibition

The Control Ham supported the increase of Lactic acid bacteria to spoilage level (> 6 Logs) at 3 and 2 wk storage at 4°C and 7°C, respectively. In contrast, hams supplemented with 0.5% Provian K or 0.8% Provian NDV showed complete inhibition of LAB for 4 wk. For complete inhibition at 7°C slight higher concentrations of 0.75% and 1% were needed of Provian K and Provian NDV, respectively.

Conclusion

The results of this study show the inhibitive effect of a natural fermented vinegar product on the growth of *Listeria monocytogenes* and Lactic acid bacteria in a cured ready-to eat ham. To have a comparable efficacy with neutralized natural vinegar as with a standard acetate-diacetate product, the dosage of the vinegar based product should be increased by approximately 10%. This can be explained by the lower amount of undissociated acid in the product.

