Realities Suitable<br>Carly Palmer, Appalachian State University, USA

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Realities Suitable is a jumpsuit created using men's neckties. The purpose was to construct a couture look out of recyclable material to demonstrate how fashion can be ecofriendly as well as displaying a garment that had a wide variety of patterns and different forms of repetition while still remaining cohesive. The design plays up the shape of triangles in as many ways as possible because both a tie and the recycling symbol create triangles. It is named Realities Suitable because it is a jumpsuit made out of ties suitable for wearing in reality. The first step was organizing the ties by color. Next, the ties were seam ripped and the lining was removed. They were then cut accordingly, ironed and interfaced to make a fabric panel. The pants were the first item that was started on Realities Suitable. Multiple muslins were made and fitted to the model on a weekly basis until one created her size. The next step was sewing my ties together for each leg. The fabric panel consists of 36 ties. The pants have a $1 / 4$ inch seam allowance due to the limited width of a tie so they are very fragile. Each leg has 5 different ties that repeat once. An invisible zipper was put on the left pant leg and an eight-inch elastic in the cuff of each pant leg.

The bodice had the same process as the pants except it had a bigger seam allowance. There is a different selection of ties for the bodice but still the same color scheme as the pants. A lining for the bodice was made similar to the lining that was made for the pants. Boning was put in the top to give it more structure. The waistband consisted of finished triangles from the bottom of the ties that I used for the pants. Each triangle was individually hand sewed to the top for the front of the garment creating cutouts. Snaps were put on the 8 back ties, which closed up the cutouts. These snaps helped in getting the garment on and off the model. A hook and a snap were sewed right above the zipper to make it lie flat. The garment has two darts in the back for fit. Four hook and eyes were sewn on the back of the bodice and four buttons were added for decoration. The back seam was finished with the same fabric as the pants bottom.


