

# VIRTUAL PRIVILEGE WALK

MINDY HEGGEN, M.ED.

MSKYLES@IASTATE.EDU

 $(\mathbf{O})$ 

### THIS SESSION IS NOT BEING RECORDED

• SINCE THIS SESSION IS INTERACTIVE, I HAVE ELECTED TO NOT HAVE IT RECORDED

### LAND ACKNOWLEDGEMENT

• "WE WOULD LIKE TO BEGIN THIS EVENT WITH A LAND ACKNOWLEDGMENT. IOWA STATE UNIVERSITY IS LOCATED ON THE ANCESTRAL LANDS AND TERRITORY OF THE BAXOJE (BAH-KHO-DZHE), OR IOWAY NATION. THE UNITED STATES OBTAINED THE LAND FROM THE MESKWAKI AND SAUK NATIONS IN THE TREATY OF 1842. WE WISH TO RECOGNIZE OUR OBLIGATIONS TO THIS LAND AND TO THE PEOPLE WHO TOOK CARE OF IT, AS WELL AS TO THE 17,000 NATIVE PEOPLE WHO LIVE IN IOWA TODAY."



### WHO AM IS

ISU GRAD MOTHER OF 2 HUMANS, 3 CATS, 1 PUPPY WIFE IN HETEROSEXUAL MARRIAGE ACADEMIC ADVISOR **INSTRUCTOR CIS-GENDER FEMALE** WHITE **MIDDLE CLASS** HAVE ANXIETY

# PURPOSE OF THIS SESSION

#### • TO PROVIDE YOU AN OPPORTUNITY TO:

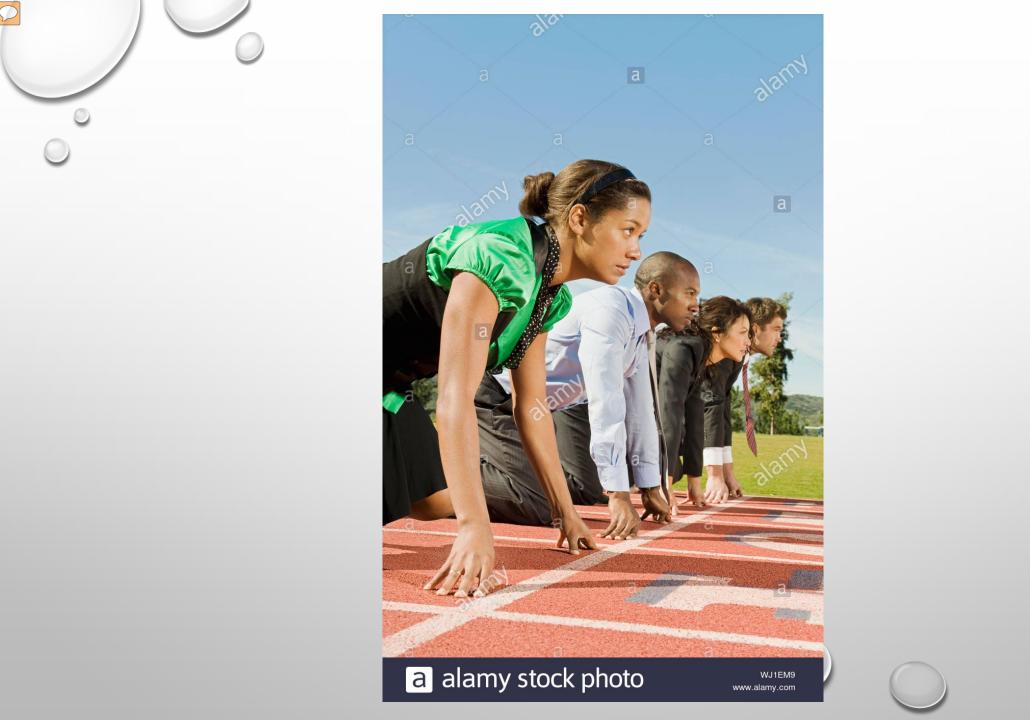
- ALLOW SPACE TO THINK ABOUT YOUR IDENTITIES
- UNDERSTAND THE INTRICACIES OF PRIVILEGE
- EXPLORE THE WAYS WE ALL HAVE PRIVILEGES BASED ON BEING MEMBERS OF SOCIAL IDENTITY GROUPS
- HIGHLIGHT THAT WE ALL HAVE SOME PRIVILEGE, SOME HAVE MORE THAN OTHERS
- THINK AND REFLECT



- MAKE ANYONE FEEL GUILTY
- BLAME ANYONE FOR HAVING MORE PRIVILEGE OR POWER THAN ANOTHER



- TAKE LESSONS LEARNED WITH YOU, LEAVE THE PERSONAL STORIES SHARED HERE
- BE BRAVE- STEP OUT OF YOUR COMFORT ZONE
- SHARE THE AIR TIME
- ANY OTHERS?



 $\bigcirc$ 





"STEP"

<u>FORWARD/</u> <u>BACKWARD</u>

### **LISTEN**

<u>REMAIN QUIET</u>

I WILL READ A STATEMENT ADD/ERASE A MARK ON YOUR PAPER, DOCUMENT, ETC

THIS SHOULD BE DONE IN SILENCE

### STATEMENTS: MAKE A MARK IF.....

- ENGLISH IS YOUR FIRST LANGUAGE
- EITHER OF YOUR PARENTS GRADUATED FROM COLLEGE
- YOU WERE ENCOURAGE BY YOUR PARENTS OR FAMILY MEMBER TO ATTEND COLLEGE
- YOUR FAMILY HAD HEALTH INSURANCE
- WORK AND SCHOOL HOLIDAYS COINCIDE WITH RELIGIOUS HOLIDAYS THAT YOU
  CELEBRATE



### ERASE A MARK IF....

- YOU HAVE BEEN DIVORCED OR IMPACTED BY DIVORCE
- THERE HAVE BEEN TIMES IN YOUR LIFE WHEN YOU SKIPPED A MEAL BECAUSE THERE
  WAS NO FOOD IN THE HOUSE
- IF YOU HAVE VISIBLE OR INVISIBLE DISABILITIES
- GREW UP IN AN URBAN SETTING
- YOU HAVE BEEN BULLIED OR MADE FUN OF BASED ON SOMETHING YOU CANNOT CHANGE (GENDER, ETHNICITY, AGE, OR SEXUAL ORIENTATION)



### MAKE A MARK IF.....

- YOU WERE EVER OFFERED A JOB BECAUSE YOUR ASSOCIATION WITH A FRIEND OF THE FAMILY
- YOU OR YOUR FAMILY INHERITED MONEY OR PROPERTY
- CAME FROM A SUPPORTIVE FAMILY ENVIRONMENT
- A U.S. CITIZEN
- THERE WERE MORE THAN 50 BOOKS IN YOUR HOUSE GROWING UP

### ERASE A MARK IF...

- YOU WERE EVER STOPPED OR QUESTIONED BY THE POLICE BECAUSE THEY FELT YOU WERE SUSPICIOUS
- YOUR PARENTS WERE EVER LAID OFF OR UNEMPLOYED NOT BY CHOICE
- YOU WERE EVER UNCOMFORTABLE ABOUT A JOKE OR STATEMENT YOU OVERHEARD RELATED TO A PART OF YOUR IDENTITY BUT FELT UNSAFE TO CONFRONT THE SITUATION
- YOUR ANCESTORS WERE FORCED TO COME TO THE UNITED STATES NOT BY CHOICE
- TOOK OUT LOANS FOR YOUR EDUCATION



### MAKE A MARK IF...

 $\bigcirc$ 

• YOU ARE A WHITE MALE



### ERASE A MARK IF...

#### • YOU EVER FELT UNSAFE WALKING ALONE AT NIGHT

## WOW! THAT WAS A LOT! HOW ARE YOU FEELING



EMBARRASSED CONFUSED BORED

## NOW FOR THE INTERACTIVE PART

I AM GOING TO PUT YOU INTO RANDOM GROUPS

REMEMBER OUR RULES



- TAKE LESSONS LEARNED WITH YOU, LEAVE THE PERSONAL STORIES SHARED HERE
- BE BRAVE- STEP OUT OF YOUR COMFORT ZONE
- SHARE THE AIR TIME
- ANY OTHERS?

### DISCUSS HOW DID IT FEEL TO...

#### BE ON ONE SIDE OF THE LINE AND NOT THE OTHER



#### TAKE A STEP FORWARD



#### TAKE STEP BACKWARD



### **GROUP TALK:**

### DID ANYONE THINK THEY HAD EXPERIENCED AN AVERAGE AMOUNT OF PRIVILEGE, BUT IT TURNED OUT TO BE MORE OR LESS THAN THEY THOUGHT?

### WERE THERE CERTAIN SENTENCES THAT WERE MORE IMPACTFUL THAN OTHERS?

### WHY IS IMPORTANT TO KNOW YOUR PRIVILEGE?

#### IMPACT ON OTHERS

DO OTHERS FEEL LIKE THEY BELONG?

ARE THERE OTHERS LIKE THEM IN THE SPACE?

DO THEY NEED ASSISTANCE?

#### IMPACT ON SELF

ARE YOU ALONE IN THIS SPACE?

CAN YOU ASSIST OTHERS?

SHOULD YOU REACH OUT FOR HELP?

#### IMPACT ON DECISIONS

WILL THE DECISION IMPACT OTHERS NEGATIVELY?

IS THERE AN EQUAL SOLUTION THAT MIGHT NOT GIVE ME WHAT I WANT BUT WHAT IS NEEDED?

### OTHER QUESTIONS WE NEED TO BE ASKING?

Can't just bring everyone up to the starting line, we have to give them the tools to be successful



### DR. SWALWELL SAID TO KNOW YOURSELF

- FROM 3/3/21 PRESENTATION "CLEAR AND PRESENT DANGER" BY KATY SWALWELL
- ASK YOURSELF:
  - WHICH IDENTITIES ARE MOST SALIENT TO HOW YOU THINK OF YOURSELF?
  - WHAT DO YOU KNOW ABOUT THE HISTORIES OF THESE IDENTITIES?
  - WHAT DOES THIS MEAN FOR HOW YOU ENGAGE IN SPACES?

### WHERE CAN I GO FOR MORE INFORMATION

#### BOOKS

"WAKING UP WHITE" – DEBBIE

IRVING

"WHITE FRAGILITY" – ROBIN

DIANGELO

"LEADERSHIP AND SELF-

DECEPTION" – ARBINGER

INSTITUTE

#### **VIDEOS**

YOU TUBE

TED TALKS

ARBINGER INSTITUTE WEBSITE

#### **PODCASTS**

NPR- CODE SWITCH

DEAR CULTURE

THE IDENTITY PROJECT

YO, IS THIS RACIST

USE YOUR FREE RESOUCRES: ISU LIBRARY, LOCAL LIBRARY, IHEART RADIO, ETC.



# WHAT QUESTIONS DO YOU HAVE ????



Mindy Heggen, M.Ed. Academic Advisor II Mechanical Engineering

mskyles@iastate.edu